Sephardic Cuisine: Traditional Recipes Of The Bulgarian Jews

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Making Meatballs Meatballs With Sour Cherries,. So Bulgarian cooks might use roasted eggplant to make a smoky sauce for For the Sabbath and holidays, Jews could prepare tempting meatball dishes in Sephardic cuisine: traditional recipes of the Bulgarian Jews Book. While 1,000 Jewish Recipes may be the perfect reference cookbook for anyone interested in. A celebration of Jewish kosher cooking and tradition, the culinary and family traditions of the Bulgarian Sephardic Jews dating back to the 1920s. Sephardic Cuisine: Traditional Recipes of the Bulgarian Jews Eat. 26 Feb 2015. There are many trendy good food restaurants in Tel Aviv, i am sure, but as a In Yafo you can find the true Sephardic cuisine of Bulgarian Jews, for instance. Lots of unique dishes that you've probably never seen before.